

Kotahitanga is unity with the community  
But in this community it is loneliest

We are the children of the colonized maori people

We are taught to be strong for others but don't let anyone else know how you're feeling

Don't cry

Man up

I'll give you something to cry about

it's funny when we're telling our stories about our childhood but it wasn't funny when we were experiencing it

Then you start to think but don't think too hard because then you'll start to feel

Those type of things lead to a cycle

You starts showing signs of psychiatric disabilities

Try to get help but can't because of low funding is in the health department

Start committing any form of crimes to cope

Substance use

Shoplifting

Assault

Get caught and become a statistic

On the news the youth keep on committing crimes they say it's because of antisocial behavior i wonder why

I want to set a motion

To get more funding into the health department especially the mental health sector so we can stop our doctors from leaving because of poor pay

To arrange parent help groups sessions with rangatira who are struggling so we don't get any more parents yelling at the kids about things that aren't really that important

Because remember Anger is a passing time while happiness is motion set in time but it doesnt matter if you child still dies by suicide